

# Event Suggestions

Inspired by *Life From Scratch: A Memoir of Food, Family, and Forgiveness*

## Global Food Night:

Host your own global table adventure and encourage patrons to cook a dish from a country of their choice along with the recipe and a story about where it comes from.

## Movie Night:

Screen a food-themed movie like *Julie and Julia*, *Eat, Pray, Love*, etc. or even a movie like *Ratatouille* and encourage patrons to bring their kids.

## Memoir Writing IOI:

Host a workshop to discuss the craft of telling your life story. Invite a local author expert and have them share tips with the budding writers in your community.

## Recipe Swap:

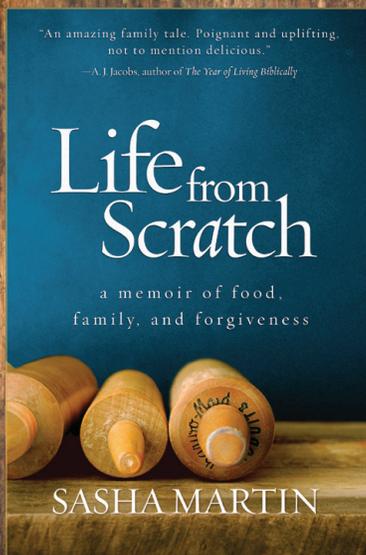
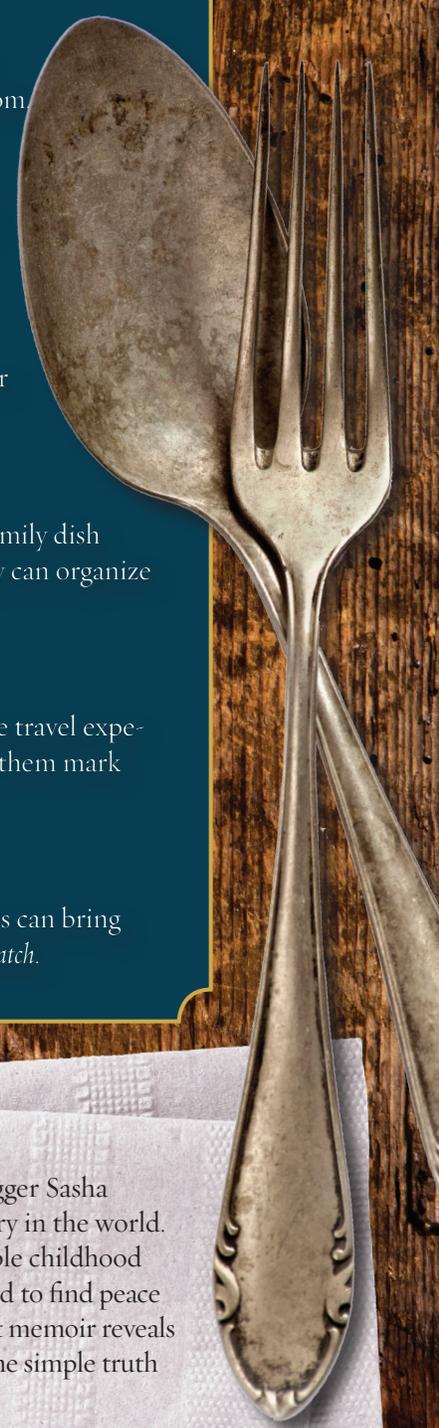
Host a recipe swap and encourage patrons to bring their favorite childhood or family dish along with copies of the recipe. Provide them with binder rings or folders so they can organize the recipes.

## Passport Party:

Host a travel share night and ask patrons to come prepared to share their favorite travel experiences, hopefully with photos. Provide them with printed world maps and have them mark where they've been and where they want to go.

## Trivia Night:

Play a trivia game using the food movies, novels, and memoirs we all love. Patrons can bring their favorite dish inspired by their favorite book or movie, including *Life from Scratch*.



### ABOUT THE BOOK:

It was a culinary journey like no other: food writer and blogger Sasha Martin set out to cook—and eat—a meal from every country in the world. As cooking unlocked the memories of her rough-and-tumble childhood and the heartbreak that came with it, she became determined to find peace through the prism of food. Martin's heartfelt, brutally honest memoir reveals the power of cooking to bond, and to heal—and celebrates the simple truth that happiness is created from within.

*Life From Scratch: A Memoir of Food, Family, and Forgiveness*

Sasha Martin

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